



United Way of  
West Central Connecticut

# Community Resource Guide



Call 2-1-1 or visit [www.211ct.org](http://www.211ct.org)

## Food & Basic Need Support

*(Please reach out to the listed site for more information or to confirm days/times.)*

### **Connecticut FoodShare**

[www.ctfoodshare.org](http://www.ctfoodshare.org) | 203-469-5000

**Distribution is every other week.** Please check the Mobile Pantry Schedule online or text the word Foodshare to 85511

#### **Bristol**

Cambridge Park | 207 Davis Drive, Bristol, CT – Mondays: 9:00 – 9:30am

Gaylord/JFK | 70 Gaylord Street, Bristol, CT – Mondays: 9:15 – 9:45am

Grace Baptist Church | 736 King Street, Bristol, CT – Fridays: 8:30 – 9:15am

#### **Burlington**

Burlington Social Services | 200 Spielman Hwy, Burlington, CT – Tuesdays: 11:15 – 11:45am

<p><b>Agape House *</b> <a href="http://www.theagapehousebristol.org">www.theagapehousebristol.org</a> 43 School Street, Bristol, CT 860-261-5733</p> <p>Open as a warming/cooling center with coffee and snacks (some meals) Mon-Saturday – 8 am to 12 pm (noon)</p>	<p><b>Brian’s Angels Homeless Outreach</b> <a href="http://www.briansangels.org">www.briansangels.org</a> 99 Summer Street (Rear), Bristol, CT</p> <p>Call for hours of operation 860-995-6858</p>
<p><b>Town of Burlington Food Bank</b> 200 Spielman Highway, Burlington, CT Call or email for an appointment 860-555-5415   <a href="mailto:socialservices@burlingtonct.us">socialservices@burlingtonct.us</a></p> <p>Food is available only for Town of Burlington residents, every other Tuesday – 9:30 am - 11 am</p>	<p><b>Gloria Dei Lutheran Church</b> <a href="http://www.gdeichurch.org/events">www.gdeichurch.org/events</a> 355 Camp Street, Bristol, CT 860-582-0629/860-620-4166</p> <p>Non-perishable food/diapers &amp; wipes.</p>
<p><b>Grace Baptist Church &amp; Pantry</b> <a href="http://www.gracebaptistct.com">www.gracebaptistct.com</a> 736 King Street, Bristol, CT 860 582-3840</p> <p>Saturday 10 am to 12:00 pm <b>Note:</b> No food on the first Saturday of each month</p>	<p><b>Hand to Hand Direct Care Ministry</b> <a href="http://www.handtohanddcm.org">www.handtohanddcm.org</a> 465 North Main Street, Bristol, CT 860-973-3676</p> <p>Provides furniture, household items, and clothing.</p>
<p><b>HRA (Human Resources Agency) *</b> <a href="http://www.hranbct.org">www.hranbct.org</a> 55 South Street, Bristol, CT 860-582-7490</p> <p>Provides early childhood education, employment &amp; training, energy &amp; housing, and health &amp; wellness services.</p>	<p><b>Meals For Neighbors/Zion Lutheran Church</b> <a href="http://www.bristolzion.org">www.bristolzion.org</a> 27 Judd Street, Bristol, CT 860-589-7744 Ext. 1</p> <p>Groceries Mon-Thurs - 10:00 am – 10:30 am Dinners Mon, Tues &amp; Wed - 4:30 pm - 5:15 pm</p>



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<p><b>New Horizon Living Center</b>  <a href="http://www.newhorizonlivingcenters.com">www.newhorizonlivingcenters.com</a>  43 Prospect Street, Bristol, CT  (860) 584-2105</p> <p>Wednesdays 1:30 pm – 5:30 pm</p>	<p><b>Plainville Community Food Pantry</b>  <a href="http://www.plainvillefoodpantry.org">www.plainvillefoodpantry.org</a>  54 South Canal Street, Plainville, CT  860-747-1919</p> <p>Mon - Fri. 9:00 am -3:00 pm *Call for an appointment or application.  Services available only to residents of Plainville.</p>
<p><b>Plymouth Community Food Pantry</b>  <a href="http://www.plymouthfoodpantry.org">www.plymouthfoodpantry.org</a>  20 Dewey Avenue, Terryville, CT  860-584-1750</p> <p>Mon 12:00 pm – 3:00 pm   Wed 4:30 pm -7:30 pm  Friday 8:30 am –12:00 pm</p>	<p><b>Salvation Army *</b>  <a href="http://www.easternusa.salvationarmy.org">www.easternusa.salvationarmy.org</a>  19 Stearns Street, Bristol, CT  860-583-4651</p> <p>Food Pantry by appt. only  In-person dining on Mon, Wed, &amp; Friday 11:30 am – 1:00 pm</p>
<p><b>Veterans Strong Community Center *</b>  <a href="http://www.vetstronginc.org">www.vetstronginc.org</a>  Bristol City Hall, 111 North Main Street, Room 001  Bristol, CT 06010  (860) 584-6258</p> <p>Call for appointment. Provides regional information and serves as a resource center for Veterans, Servicemembers, and family regardless of discharge status or branch/component.</p>	<p>An asterisk (*) indicates a United Way of West Central Connecticut Partner Agency.</p>

## Free and Reduced School Meals

Bristol Public Schools | 860-584-7984 | [www.bristol.k12.ct.us](http://www.bristol.k12.ct.us)  
Plainville Community Schools | 860-793-3234 | [www.plainvilleschools.org](http://www.plainvilleschools.org)  
Plymouth Public Schools | 860-314-2777 Ext. 4721 | [www.plymouth.k12.ct.us](http://www.plymouth.k12.ct.us)  
Regional School District #10 (Burlington) | 860-673-2538 Ext. 1128 | [www.region10ct.org](http://www.region10ct.org)

## Additional Food & Basic Needs Access Programs In Connecticut

End Hunger Connecticut | 860-560-2100 | [www.endhungerct.org](http://www.endhungerct.org)  
End Hunger Connecticut SNAP Call Center | 1(866) 974-7627  
Department of Social Services | 855-626-6632 | [www.connect.ct.gov](http://www.connect.ct.gov)

## Senior Centers & Resources

Bristol Senior Center | 860-584-7895 | 240 Stafford Avenue, Bristol | [www.bristolct.gov/257/Senior-Center](http://www.bristolct.gov/257/Senior-Center)  
Burlington Senior Center | 860-673-6789 x7 | 200 Spielman Hwy, Burlington | <https://www.burlingtonct.us/parks-recreation/pages/senior-center-programs>  
Plainville Senior Center | 860-747-5728 | 200 East Street, Plainville | <https://www.plainvillect.com/senior-center>  
Plymouth Senior Center | 860-585-4028 | <https://www.plymouthct.gov/departments/HumanServices>



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## Family & Child Resources

Boys and Girls Club of Bristol | 860-583-4734 | [www.bbgc.org](http://www.bbgc.org)

Bristol Parks, Recreation, Youth and Community Services | 860-584-6160 | <https://bristolct.myrec.com/info/dept/>

Bristol Family Resource Centers (FRCs) | <https://sites.google.com/bristolct.k12.org/bristolfrc/home>

Greene-Hills School FRC | 860-584-7822 • South Side School FRC | 860-584-7812 • West Bristol School FRC | 860-584-7815

Burlington Parks & Recreation | 860-673-6789 x7 | <https://burlingtonct.myrec.com/info/contact/default.aspx>

Plainville Family Resource Network | 860-793-6304 | [https://www.plainvilleschools.org/departments/plainville\\_family\\_resource\\_network\\_pfrn](https://www.plainvilleschools.org/departments/plainville_family_resource_network_pfrn)

Plainville Parks & Recreation | 860-747-6022 | <https://www.plainvillect.com/recreation-department>

Plainville Youth Services | 860-793-0221 | <https://www.plainvillect.com/youth-services>

Plymouth Family Resource Center | 860-561-7002 | <https://pcs.plymouth.k12.ct.us/parents-and-students/plymouth-frc>

Plymouth Parks & Recreation | 860-585-4031 | <https://plymouthct.myrec.com/info/default.aspx>

Department of Public Health WIC Program | <https://portal.ct.gov/dph/wic/wic>

Local Office: Bristol Health | 860-585-3280 | [bristolwic@bristolhospital.org](mailto:bristolwic@bristolhospital.org)

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## Housing Support & Social Services

### Emergency/Transitional Housing

First step to finding shelter, Call 2-1-1

St. Vincent De Paul Mission - Emergency Shelter for Men, Women, & Children | 860-589-9098 | 19 Jacobs Street, Bristol, CT  
<https://svdpofbristol.com>

St. Vincent De Paul Mission - Resource Center | 860-584-8239 | 19 Jacobs Street, Bristol, CT <https://svdpofbristol.com/resource-center/>

*The SVDP Resource Center is a program that serves individuals and families who are homeless or at risk of homelessness. Walk-in services are provided depending on the individual or individual's needs. Some of the services provided are assistance for housing, employment, income, medical and referrals to community providers.*

### Housing Assistance & Rental Housing

HRA (Human Resources Agency) | 860-582-7490 or 860-356-2000 | 55 South Street, Bristol, CT | [www.hranbct.org](http://www.hranbct.org)

Emergency Assistance - <https://www.hranbct.org/programs/emergency-assistance/>

Energy Assistance - <https://www.hranbct.org/programs/energy-assistance/>

Bristol Housing Authority | 860-582-6313 | 164 Jerome Avenue, Bristol, CT | <http://www.bristolhousing.org/index.htm>

Plainville Housing Authority | 860-747-5909 | 20 Stillwell Drive #7, Plainville, CT | <https://www.plainvillect.com/housing-authority>

Plymouth Housing Authority | 860-584-9355 | 31 Gosinski Park, Terryville, CT | <https://www.plymouthct.gov//important-resources>

### Social Service Departments

Bristol Social Services | 860-584-6160 | 51 High Street, Bristol, CT | <https://bristolct.myrec.com/info/default.aspx>

Burlington Social Services | 860-550-5415 | 200 Spielman Highway, Burlington, CT | <https://www.burlingtonct.us/social-services>

Plainville Social Services | 860-793-0221 | 50 Whiting Street, Plainville, CT | <https://www.plainvillect.com/social-services>

Plymouth Social Services | 860-585-4028 | 80 Main Street, Terryville, CT | <https://www.plymouthct.gov/departments/HumanServices>

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## Health & Wellness Resources

<p><b>Community Health Center, Inc.</b> <a href="http://www.chc1.com/locations/bristol">www.chc1.com/locations/bristol</a> 395 North Main Street, Bristol, CT 06010 860-585-5000</p> <p>Community Health Center provides full spectrum of health care services – including both physical and mental health.</p>	<p><b>Wheeler Family Health and Wellness Center</b> <a href="http://www.wheelerclinic.org/services/wheeler-services/wheeler-health-and-wellness-center-bristol">www.wheelerclinic.org/services/wheeler-services/wheeler-health-and-wellness-center-bristol</a> 10 North Main Street (Medical Care) 225 North Main Street (Behavioral Health) Bristol, CT 06010 860-584-6555</p>
<p><b>Bristol Hospital Crisis Services</b> <a href="http://www.bristolhealth.org/Get-Care/Specialty-Care/Behavioral-Health/Crisis-Center">www.bristolhealth.org/Get-Care/Specialty-Care/Behavioral-Health/Crisis-Center</a> 41 Brewster Road, Bristol, CT 06010 860-585-3274</p> <p>The Crisis Center is an area of the Emergency Department reserved for those with serious mental health issues, such as those who have attempted or threatened suicide or who are having a psychotic episode.</p>	<p><b>Prudence Crandall Center, Inc.</b> <a href="http://www.prudencecrandall.org">www.prudencecrandall.org</a> 860-225-5186 (Office) 860-225-6357 (24 Hour Helpline)</p> <p>If you or someone you know is in an abusive relationship, please call our confidential helpline at <b>1-888-774-2900</b>. We are specially trained to help you and we will listen without judgment. We will share information about domestic violence and our services and work with you to sort through the options available to assist you.</p>
<p><b>Wheeler Health</b> <a href="http://www.wheelerclinic.org/services/adults/crisis-services">www.wheelerclinic.org/services/adults/crisis-services</a> 888-793-3500 (Navigation Center)</p> <p><b>National Suicide Prevention Line (Lifeline)</b> If you're thinking about suicide, are worried about a friend or loved one, or need emotional support, call the Lifeline. <b>988 or 1-800-273-8255</b></p> <p><b>Substance Use Disorder Treatment Access Line</b> For Connecticut residents seeking access to substance use disorder treatment, including assessment centers, medication-assisted treatment (MAT), detox, and residential treatment, call the Access Line. <b>1-800-563-4086</b></p>	<p><b>YWCA of New Britain</b> <a href="http://www.ywcanb.org/sexual-assault-services-main/sexual-assault-services">www.ywcanb.org/sexual-assault-services-main/sexual-assault-services</a></p> <p>860-505-0469 (English) 1-888-568-8332 (Spanish)</p> <p>YWCA New Britain's Sexual Assault Crisis Service (SACS) is a program of the Connecticut Alliance to End Sexual Violence and covers a 46-town region, including all of Hartford County, part of Tolland County and the town of Plymouth. SACS offers free and confidential services to survivors of sexual violence and their loved ones.</p>

## Job Assistance & Training

<p><b>Bristol Works!</b> <a href="https://bristolworksct.org/">https://bristolworksct.org/</a> 430 North Main Street, Bristol, CT 860-634-5333</p> <p><i>BristolWORKS! is a collaborative workforce development training center, providing individuals with skills, certifications and job-placement services to obtain employment quickly.</i></p>	<p><b>Capital Workforce Partners</b>   860-522-1111 <a href="https://capitalworkforce.org/">https://capitalworkforce.org/</a></p> <p><b>American Job Centers</b>   860-406-3374 <a href="https://capitalworkforce.org/american-job-centers/">https://capitalworkforce.org/american-job-centers/</a></p>
<p><b>People Ready</b> <a href="https://www.peopleready.com/location/bristol-ct-2274/">https://www.peopleready.com/location/bristol-ct-2274/</a> 204 North Street, Bristol, CT 860-314-2319</p>	<p><b>Literacy Volunteers of Central Connecticut</b> <a href="https://www.literacycentral.org/">https://www.literacycentral.org/</a> 20 High Street, New Britain, CT 860-229-7323</p> <p>Literacy Volunteers of Central CT (LVCC) offers adults free tutoring to improve their English reading and writing skills.</p>